

# Barrington Academy

## November 2017 Menu

November 1<sup>st</sup> to 3<sup>rd</sup>

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			w/w Toast, Strawberries, 1% Milk	Grits, Bananas, 1% Milk	w/g Waffles, Blueberries, 1% Milk
Lunch			Mac n cheese, Corn, Tangerines, 1% Milk	Pinto Beans, w/g rice, Applesauce, Peas and Carrots, 1% Milk	Chicken Tenders, Cornbread, Oranges, Cole Slaw 1% Milk
PM Snack			Club Crackers, Applesauce	Pretzels, Bananas	w/g sun chips Berry Juice

Note: One year olds are served whole milk, Two year and above are served 1% milk. Water is available throughout the day.

October 6<sup>th</sup> to 10th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apple Sauce 1% Milk	Boiled eggs Mandarin Oranges 1% Milk	Bagel Blueberries 1% Milk	Oatmeal Mandarin Oranges 1% Milk	Grits Pears 1% Milk
Lunch	Meatloaf w/g crackers Green Beans Kiwi 1% Milk	Turkey sandwich w/w Bread Strawberries Cucumbers 1% Milk	Chicken nuggets w/w rolls Tangerines Green Beans 1% Milk	w/g Cheese Pizza Fruit Salad Cucumbers 1% Milk	Garbanzo Beans, w/g Rice Broccoli Fruit Salad 1% Milk
PM Snack	Pretzels Grape Juice	Ritz Crackers Pineapple	w/g chips Salsa	Pretzels Grape Juice	Cheese sticks Orange Juice

November 13<sup>th</sup> to 17th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apples 1% Milk	w/g Oatmeal Peaches 1% Milk	Boiled eggs Pears 1% Milk	w/w Waffles Pineapple 1% Milk	w/w Toast Mandarin Oranges 1% Milk
Lunch	Beef Ground Lasagna Noodles Corn Bananas 1% Milk	w/g Rolls Chicken Drumsticks Mashed potatoes Apples 1% Milk	Tuna sandwich w/w bread Green Beans Strawberries 1% Milk	Black Beans, w/g rice, Peas and Carrots Applesauce 1% Milk	Cheddar Cheese Macaroni Noodles Cucumbers Peaches 1% Milk
PM Snack	w/g Crackers Pineapple	Pretzels Apple Juice	Snack Mix Grape Juice	Cheese sticks Peaches	w/g chips salsa

November 20th to 24<sup>th</sup>

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Boiled eggs Peaches 1% Milk	w/g Oatmeal Applesauce 1% Milk	w/g Cheerios Blueberries 1% Milk		
Lunch	Red/Kidney Beans w/g rice Strawberries French Fries 1% Milk	Fish Sticks, w/g Rolls, Corn, Pears, 1% Milk	w/g Cheese Pizza, peas, Peaches, 1% Milk	Thanksgiving Day  Closed	Day After Thanksgiving  Closed
PM Snack	Cottage Cheese w/w Wheat Thins	club crackers, Blueberries	Gold fish crackers, Pinapple		

November 27th to 30th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	m/g English muffins Peaches 1% Milk	w/g Oatmeal Applesauce 1% Milk	w/g Toast w/jam Bananas 1% Milk	w/w Waffles Apples 1% Milk	
Lunch	Refried Beans w/g ice, Strawberries Celery sticks, 1% Milk	Ground Turkey, w/w Tortillas, Corn, Pears, 1% Milk	Pinto Beans, w/g rice, tomatoes and cucumbers, Oranges, 1% Milk	American Cheese Sandwich w/w Bread Green Beans Peaches 1% Milk	
PM Snack	w/w Wheat Thins Orange Juice	Club crackers, Grape Juice	Cheeze-its, Orange Juice	Pretzels Pears	