

Barrington Academy

January 2018 Menu

January 1st 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	closed	w/g Cheerios, Apples, 1% Milk	w/w Toast, Strawberries, 1% Milk	Grits, Bananas, 1% Milk	w/g Waffles, Blueberries, 1% Milk
Lunch		Turkey Patty, w/g Hamburger Buns Green Beans, Peaches, 1% Milk	Mac n cheese, Corn, Tangerines, 1% Milk	Pinto Beans, w/g rice, Applesauce, Peas and Carrots, 1% Milk	Chicken Tenders, Cornbread, Oranges, Cole Slaw, 1% Milk
PM Snack		Ritz Crackers, bananas	Club Crackers, Applesauce	Pretzels, Bananas	w/g sun chips Berry Juice

Note: One year olds are served whole milk, Two years and above are served 1% milk. Water is available throughout the day.

January 8th 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apple Sauce 1% Milk	Boiled eggs Mandarin Oranges 1% Milk	Bagel Blueberries 1% Milk	Oatmeal Mandarin Oranges 1% Milk	Grits Pears 1% Milk
Lunch	Meatloaf w/g crackers Green Beans Kiwi 1% Milk	Turkey sandwich w/w Bread Strawberries Cucumbers 1% Milk	Chicken nuggets w/w rolls Tangerines Green Beans 1% Milk	w/g Cheese Pizza Papaya Cucumbers 1% Milk	Garbanzo Beans, w/g Rice Broccoli Fruit Salad 1% Milk
PM Snack	Pretzels Grape Juice	Ritz Crackers Pineapple	w/g chips Salsa	Pretzels Grape Juice	Cheese sticks Orange Juice

January 15th 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apples 1% Milk	w/g Oatmeal Peaches 1% Milk	Boiled eggs Pears 1% Milk	w/w Waffles Pineapple 1% Milk	w/w Toast Mandarin Oranges 1% Milk
Lunch	Beef Ground Lasagna Noodles Corn Bananas 1% Milk	w/g Rolls Chicken Drumsticks Mashed potatoes Apples 1% Milk	Tuna sandwich w/w bread Green Beans Strawberries 1% Milk	Black Beans, w/g rice, Peas and Carrots Applesauce 1% Milk	Cheddar Cheese Macaroni Noodles Cucumbers Peaches 1% Milk
PM Snack	Club Crackers Pineapple	Pretzels Apple Juice	Snack Mix Grape Juice	Cheese sticks Peaches	corn chips salsa

January 22nd 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Boiled eggs Peaches 1% Milk	w/g Oatmeal Applesauce 1% Milk	w/g Cheerios Blueberries 1% Milk	Boiled eggs, Applesauce, 1% Milk	w/w Toast, Apples, 1% Milk
Lunch	Red/Kidney Beans w/g rice Strawberries French Fries 1% Milk	Fish Sticks, w/g Rolls, Corn, Pears, 1% Milk	w/g Cheese Pizza, peas, Peaches, 1% Milk	Salisbury Steak, w/g Rolls, Cucumbers, Tropical Fruit, 1% Milk	Chicken Patty, w/g Hamburger Buns Green Beans, Peaches, 1% Milk
PM Snack	Cottage Cheese w/w Wheat Thins	club crackers, Apple juice	Gold fish crackers, Pineapples	w/g Sun chips, Bananas	Ritz Crackers Grape juice

January 29th 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/w Waffles Apples 1% Milk Closed	w/w Toast, Strawberries, 1% Milk	w/g Toast w/jam Bananas 1% Milk		
Lunch	American Cheese Sandwich w/w, Green Beans, Peaches, % Milk	Mac n cheese, Corn, Tangerines, 1% Milk	Pinto Beans, w/g rice, tomatoes and cucumbers, Oranges, 1% Milk		
PM Snack	Pretzels Pears	w/g Sun chips Berry Juice	Cheeze-its, Orange Juice		

