

# Barrington Academy

## October 2018 Menu

October 1st 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Boiled eggs Pears 1% Milk	w/w Toast, Strawberries, 1% Milk	1% Milk Boiled eggs Pears 1% Milk	Waffles w/w Pineapple 1% Milk	w/w Toast Mandarin Oranges 1% Milk
Lunch	Tuna sandwich w/w bread, Green Beans, Strawberries 1%Milk	Navy beans, w/g rolls, Corn, Tangerines, 1% Milk	Chicken Burger w/w bread Green Beans Strawberries 1% Milk	Black Beans, w/g rice, Peas and Carrots Applesauce 1% Milk	BBQ Chicken, w/w rolls, Cucumbers Watermelon 1% Milk
PM Snack	Snack Mix Grape Juice	Goldfish Crackers, Pineapples	Snack Mix Grape Juice	Club Crackers Peaches	Goldfish Crackers Berry Juice

Note: One year olds are served whole milk, Two years and above are served 1% milk. Water is available throughout the day.

October 8<sup>th</sup> 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apple Sauce 1% Milk	Boiled eggs Mandarin Oranges 1% Milk	Bagel Blueberries 1% Milk	w/g Oatmeal Apples 1% Milk	Grits Pears 1% Milk
Lunch	Meatloaf w/g crackers Green Beans Kiwi 1% Milk	Turkey sandwich w/w Bread Strawberries Cucumbers 1% Milk	Chicken nuggets w/w rolls Tangerines Green Beans 1% Milk	w/g Cheese Pizza Papaya Cucumbers 1% Milk	Garbanzo Beans, w/g Rice Broccoli Watermelon 1% Milk
PM Snack	Pretzels Grape Juice	Ritz Crackers Pineapple	w/g chips Peaches	Goldfish crackers, Orange Juice	Cheddar Cheese Bananas

October 15<sup>th</sup> 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios Apples 1% Milk	w/g Oatmeal Peaches 1% Milk	w/w Toast, Strawberries, 1% Milk	w/g Cheerios Bananas 1% Milk	Grits Pineapple 1% Milk
Lunch	Beef Ground Lasagna Noodles Corn Bananas 1% Milk	w/g Rolls Chicken Drumsticks Mashed potatoes Apples 1% Milk	Mac n cheese, Corn, Tangerines, 1% Milk	Pinto Beans, w/g rice, tomatoes and cucumbers, Oranges, 1% Milk	Ground Turkey, w/g Tortillas, Peas and Carrots, applesauce, 1% Milk
PM Snack	Club Crackers Pineapple	Pretzels Apple Juice	w/g Sun chips Berry Juice	Cheeze-its, Orange Juice	Cheese sticks Peaches

October 22nd 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels Peaches 1% Milk	w/g Oatmeal Applesauce 1% Milk	w/g Cheerios Blueberries 1% Milk	Boiled eggs, Pears, 1% Milk	w/w Toast, Apples, 1% Milk
Lunch	Red/Kidney Beans w/g rice Strawberries French Fries 1% Milk	Fish Sticks, w/g Rolls, Corn, Pears, 1% Milk	w/g Cheese Pizza, peas, Peaches, 1% Milk	Salisbury Steak, w/g Rolls, Cucumbers, Tropical Fruit, 1% Milk	Salmon Patty, w/g Hamburger Buns Green Beans, Peaches, 1% Milk
PM Snack	Cottage Cheese w/w Wheat Thins	Club crackers, Apple juice	Gold fish crackers, Pineapples	w/g Sun Chips, Bananas	Ritz Crackers Grape juice

October 29th 2018

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Chex, Blueberries, 1% Milk	w/g Cheerios, Bananas, 1% Milk	w/w Waffles Apples 1% Milk		
Lunch	Chicken Tenders, Cornbread, Oranges, Cole Slaw, 1% Milk	Beef burger, w/w bun, Applesauce, Peas and Carrots, 1% Milk	Chicken Drumsticks, w/w bread, Green Beans, Peaches, 1% Milk		
PM Snack	w/g Sun chips Berry Juice	Pretzels, Bananas	Wheat Thins Pears		