Barrington Academy

August 2019 Menu

August 1st 2019

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				Waffles w/w Pineapple 1% Milk	w/w Toast Mandarin Oranges 1% Milk
Lunch				Black Beans, w/g rice, Peas and Carrots Applesauce 1% Milk	BBQ Chicken, w/w rolls, Cucumbers Watermelon 1% Milk
PM Snack				Club Crackers Peaches	Goldfish Crackers Berry Juice

Note: One year olds are served whole milk, Two years and above are served 1% milk. Water is available throughout the day.

August 5th 2019

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios	Boiled eggs	Bagel	w/g Oatmeal	Grits
	Apple Sauce	Mandarin Oranges	Blueberries	Apples	Pears
	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Lunch	Meatloaf	Turkey sandwich	Chicken nuggets	w/g Cheese Pizza	Garbanzo Beans,
	w/g crackers	w/w Bread	w/w rolls	Papaya	w/g Rice
	Green Beans	Strawberries	Tangerines	Cucumbers	Broccoli
	Kiwi	Cucumbers	Green Beans	1% Milk	Watermelon
	1% Milk	1% Milk	1% Milk		1% Milk
PM Snack	Pretzels	Ritz Crackers	w/g chips	Goldfish crackers,	Cheddar Cheese
	Grape Juice	Pineapple	Peaches	Orange Juice	Bananas

August 12th 2019

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Cheerios	w/g Oatmeal	w/w Toast,	w/g Cheerios	Grits
	Apples	Peaches	Strawberries, 1%	Bananas	Pineapple
	1% Milk	1% Milk	Milk	1% Milk	1% Milk
Lunch	Beef Ground	w/g Rolls	Mac n cheese,	Pinto Beans,	Ground Turkey,
	Lasagna Noodles	Chicken Drumsticks	Corn, Tangerines,	w/g rice, tomatoes	w/g Tortillas, Peas
	Corn	Mashed potatoes	1% Milk	and cucumbers,	and Carrots,
	Bananas 1% Milk	Apples 1% Milk		Oranges, 1% Milk	applesauce,1% Milk
PM Snack	Club Crackers	Pretzels	w/g Sun chips	Cheeze-its, Orange	Cheese sticks
	Pineapple	Apple Juice	Berry Juice	Juice	Peaches

August 19th 2019

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels Peaches 1% Milk	w/g Oatmeal Applesauce 1% Milk	w/g Cheerios Blueberries 1% Milk	Boiled eggs, Pears, 1% Milk	w/w Toast, Apples, 1% Milk
Lunch	Red/Kidney Beans w/g rice Strawberries French Fries 1% Milk	Fish Sticks, w/g Rolls, Corn, Pears, 1% Milk	w/g Cheese Pizza, peas, Peaches, 1% Milk	Salisbury Steak, w/g Rolls, Cucumbers, Tropical Fruit, 1% Milk	Salmon Patty, w/g Hamburger Buns Green Beans, Peaches, 1% Milk
PM Snack	Cottage Cheese w/w Wheat Thins	Club crackers, Apple juice	Gold fish crackers, Pineapples	w/g Sun Chips, Bananas	Ritz Crackers Grape juice

August 26th 2019

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	w/g Chex, Blueberries, 1% Milk	w/g Cheerios, Bananas, 1% Milk	w/w Waffles Apples 1% Milk	Boiled eggs Pears 1% Milk	w/w Toast, Strawberries, 1% Milk
Lunch	Chicken Tenders, Cornbread, Oranges, Cole Slaw, 1% Milk	Beef burger, w/w bun, Applesauce, Peas and Carrots, 1% Milk	Chicken Drumsticks, w/w bread, Green Beans, Peaches, 1% Milk	Tuna sandwich w/w bread, Green Beans, Strawberries,1%Milk	Mac n cheese, Corn, Tangerines, 1% Milk
PM Snack	w/g Sun chips Berry Juice	Pretzels, Bananas	w/g Wheat Thins Pears	Pretzels Grape Juice	w/g Sun chips Oranges